



Bell Schedule

Block 1	8:00 - 9:12
Block 2	9:16 - 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 - 3:25

FLEXpectations

FLEX is instructional time, not a break!



- >Go to one of your four classes
- ➤ No cell phone use
- ➤Only Grade 125 in the Grand Hall
- >Library is for quiet work only
- ➤ Where you start is where you finish, no moving from class to class

No homework? Read, Study, Review

YEARBOOK – NAMES FOR APPROVAL

- The yearbook team needs your help!
- There are sheets of paper taped to the counselling office window with the names of all Grade 9–12 students. These names are how the photo company has spelled them for the yearbook.
- It's **your responsibility** to check the list and make sure your name is spelled correctly. If you want a different name (like a nickname or an adjusted version of your legal name) to appear in the yearbook, you need to let me know by **Friday, December 13**.
- If you don't check and confirm by this deadline, we won't be able to fix any typos or errors later.
- To make changes, email me at cmiklossy@sd43.bc.ca before December 13.
- Thank you for your attention to this!

Attention Grade 12s

If you have not been added to a Grad Microsoft Team please submit your graduation quote and baby photo to Ms. Miklossy at cmiklossy@sd43.bc.ca before December 13.

"One of the lessons that I grew up with was to always stay true to yourself and never let what somebody else says distract you from your goals." —Michelle Obama

"Oh, the places you'll go." –Dr. Seuss

"Nothing is impossible, the word itself says 'I'm possible!" —Audrey Hepburn



Attention GRADE 9's!!!!!

We will have our third round of Grade 9 Advisory Meetings next week at FLEX- please follow the schedule below based off of your last name and we will see you next week!

PLEASE BRING YOUR PLANNER TO THESE MEETINGS!!!

ALL MEETINGS ARE IN THE THEATER

Wednesday: Dean - So

Greater Vancouver Food Bank is looking for volunteers

Date: November 14th, 20th, 26th, Dec 6th, 12th,17th, 20th

Location: 8345 Winston St.

Attire: You will be provided with a KWAP hoodie, but you can bring your own if you have one.

Job(s): Sorting produce and foods

Volunteers need to be at least 16 years old.

This is a first come first serve basis with limited spots. Volunteers can sign up through the excel sheet attached below. Please make sure to fill out the form in the link below.

https://content.betterimpact.com/files/agency/27461/Volunteer%20Consent%20form%20Under%2018%202021.pdf

WET PAINT

The visual arts class is painting the Port Moody Street Banners in the hallway by the art room 214, back entrance area. The temporary easel setup will be done by November 28th. Thank you for your understanding and patience. Please feel free to check us out as each banner transforms a little a day.

Please be aware of WET PAINT



HWSS LIBRARY will be closed at FLEX for the

rest of the week for CLC 12 Meetings.

Lost and Found

Please come to the office to claim your lost items. We currently have the following:

- Headphones
- HP Laptop
- Single airpods

PLASTIC FREE MINI WEEK NOV 25-27



DO SOMETHING DRASTIC, CUT THE PLASTIC!

MON NOV. 25TH REUSABLE BOTTLE

November 27

TUES NOV 26TH PICK UP 1 PIECE OF PLASTIC

WED NOV 27TH CHOOSE PLASTIC FREE PACKAGING

OUR MISSION IS TO ELIMINATE SINGLE-USE PLASTICS ON SCHOOL THROUGH ENCOURAGING GREEN SOLUTIONS AND CREATING AN ENVIRONMENTALLY RESPONSIBLE COMMUNITY THROUGH EDUCATION AND ACTION.

KWAP WINTER CLOTHING DRIVE



Winter Clothing of All Sizes





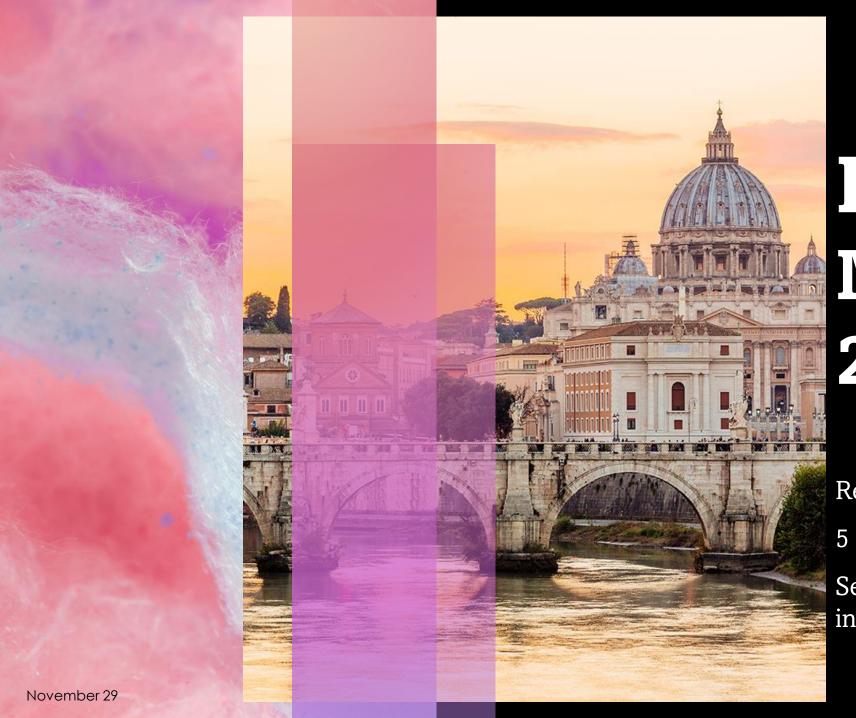


Nov 18th - Dec 15th

Drop Off in Front of the Theatre







Italy Trip March 2025

Registration closes this week!

5 spaces still available

See Ms. Pavan in room 209 for information



* Florence
* Venice
* Verona
* Venice
* Assisi
* Rome

*Sorrento

Contact
Ms Pavan
Room 209 or
kpavan@sd43.bc.ca



Rudolph Run 5KM

- Event Details:
- When: Saturday, December 7th, 2024, at 11:00 AM
- What: 5km race & 1 km Kids Run (FREE)
- Where: Mundy Park, Coquitlam
- Why: Celebrate the holidays, stay active, and support the SHARE Food Bank!
- Register Now: Sign up today at www.kaminorunning.ca and help spread holiday magic!
- Let's celebrate the season together—with kindness, community, and a little Rudolph-style running!

CLUBS



PET PALS CLUB BLANKET DRIVE FOR PETS

DONATE BLANKETS TO KEEP PETS COZY AND COMFORTABLE DURING THE COLD WINTER SEASON!

FROM NOVEMBER 15, FRIDAY
TO NOVEMBER 29, FRIDAY
DELIVER BLANKETS IN THE BOX
BESIDE THE OFFICE



CANCER RESEARCH CLUB

TOGETHER WE WILL: WHAT WE DO:

- ## HANDS-ON MEDICAL RESEARCH | WRITE RESEARCH PAPERS
- * NO EXPERIENCE NEEDED! *

- LEARN CUTTING-EDGE SCIENCE

 MEET HEALTHCARE PROFESSIONALS
- SUPPORT VGH FOUNDATION SUPPORT CANCER RESEARCH & PAT
 - MAKE REAL IMPACT
 - HAVE FUN LEARNING!

EVERYONE IS WELCOME!

Student Lead: 127-AHESHMATI@sd43.bc.ca Sponsor Teacher (Ms. Weinkam): lweinkam@sd43.bc.ca



Volunteer Gift Wrapping for SHARE

- Looking for a meaningful volunteer opportunity this holiday season?
- SHARE is looking for volunteers to assist with gift wrapping
- https://sharefamilycommunityservices1.volunteerlocal.com/volunteerloca



BUSINESS CLUB

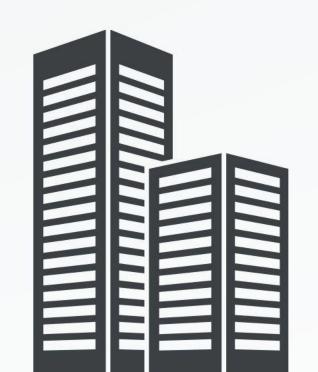
Hello Students of Heritage Woods! Would you be interested in:

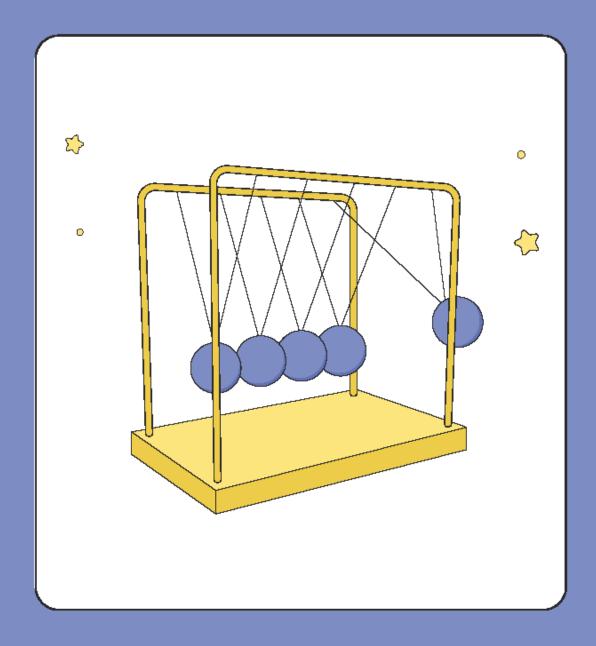
- Discussing current events . S Analyzing Shark Tank Entrepreneurs
- Stock Market Simulation Game
 - Case Studies

JOIN BUSINESS CLUB!!



Meeting every Tuesday in room 301 at lunch!!!





Compete in the PHYSICS

JEOPARDY

\$25 prize

Hosted by Physics Club

December 5th Room 304 at Lunch No sign up required ▲ thefrank theatreco.



TELLING IT BENT 2025 - CALL FOR YOUTH WRITERS

Submission Deadline: November 28th, 2024 at 11:59pm PST

- Interdisciplinary writing workshop for queer, trans, Two Spirit and questioning BC youth ages 14 to 25
- Once a week, Feb 10th May 16th, 2025 at Mount Pleasant Community Centre

HONOURARIUM: \$250 - Upon completion of the project



Scan QR code for application details

BOBA TEA ON SALE!!!

Remember Cash Only!!!



BOBA TEA FUNDRAISING

Hello Kodiaks! Multicultural Club and Coco Bubble Tea are excited to bring to you the Boba Tea Fundraising event on December 5th, 2024! We are offering classic boba tea at \$6.00 per cup. The money raised will be donated to the children organization in Gaza. Preorder now and pick up on December 5th during lunch in the Grand Hall.

For More Information

Contact us on Teams or feel free to send us emails.

127-syin@sd43.bc.ca



Scan the QR code and sign up!



KODIAK ATHLETICS





Ski & Snowboard Team

MANDATORY meeting Wednesday at the beginning of lunch in room 316.
EVERYONE must be there. See Mr. Baldus if you have any questions.

CAREER



INDIGENOUS STUDENT POSTSECONDARY FAIR

Come learn about opportunities for Indigenous Youth from a range of Post Secondary Schools and Programs

WHEN:

WEDNESDAY DECEMBER 4, 2024

TIME:

COME ANYTIME 3-7 PM

WHERE:

EDUCATION LEARNING CENTER 1080 WINSLOW AVENUE

Free to Attend

Open to Grades 9-12 Bring a friend!

Schools in Attendance

- UBC
- 🥝 SFU
- O NICOLA VALLEY INSTITUTE OF TECHNOLOGY
- JUSTICE INSTITUE BC
- **O** UVIC
- EMILY CARR
- O UBC MEDICINE
- ACCESS
- OUGLAS COLLEGE
- LANGARA COLLEGE
- INDIGENOUS TEACHER EDUCATION PROGRAM (NITEP)

Snacks

